

# THEY CRIED OUT

*YEARS PASSED, AND THE KING OF EGYPT DIED. BUT THE ISRAELITES CONTINUED TO GROAN UNDER THEIR BURDEN OF SLAVERY. THEY CRIED OUT FOR HELP, AND THEIR CRY ROSE UP TO GOD.  
EXODUS 2:32*

**KEEP CRYING OUT!**

**SCRIPTURES SHOW A TIPPING POINT, A MOMENT IN WHICH CONTINUED, FERVENT PRAYERS BREAK THROUGH AND RISE BEFORE GOD.**

**DON'T WAIT UNTIL CRISIS TO CRY OUT. IN SEASONS OF EASE AND IN SEASONS OF HARDSHIP, LIFT UP HEARTFELT PRAYERS TO GOD.**

**TELL HIM HOW FRAGILE YOU ARE, EVEN WHEN YOU FEEL STRONG. TELL HIM THAT HE IS YOUR ONLY HOPE, EVEN WHEN YOU ARE FILLED WITH CONFIDENCE. TELL HIM THAT WISDOM, KNOWLEDGE, AND EVERY GOOD GIFT COME EXCLUSIVELY FROM HIM. TELL HIM YOU CAN DO NOTHING APART FROM HIM. EVEN THOUGH HELP MAY BE LONG IN THE COMING, KEEP CRYING OUT FOR HELP, KNOWING THAT YOUR CRIES ARE COMING BEFORE GOD.**

*Lord, never does a moment pass when I don't desperately need You.*

*May my prayers rise up before You.*

- **HAVE YOU GIVEN UP ON SOME OF YOUR PRAYERS DUE TO DISCOURAGEMENT? RECOMMIT TO KEEP PRAYING AND CRYING OUT TO GOD.**
- **EVEN IF THIS IS NOT A CRISIS SEASON IN YOUR LIFE, ARE THERE OTHERS AROUND YOU THAT ARE IN CRISIS? CRY OUT TO GOD ON THEIR BEHALF.**